

In conjunction with the Frye Art Museum's Caregiver Workshop, Elderwise is offering a Pop-up Day Program at the Memory Hub. We aim to support caregivers who are attending the workshop by providing a stimulating program for their loved ones. Please see below for more information:

WHEN: Friday, 11/14 12:00-4:00

WHERE: The Memory Hub, 1021 Columbia St., Seattle, WA 98104

WHAT: 4-hour Adult Day Program

WHO: People living with mild to mid dementia

COST: \$100. We have limited scholarships available

**QUALIFICATIONS:**

- Must be Independent with ADL's (toileting, ambulating, transferring)
- Must be able to follow instructions
- Must be able to engage with others and participate in the activities

**SCHEDULE:**

- 12-1 Guided Discussion
- 1-1:30 Break in the garden, weather permitting
- 1:30-2:30 Painting to classical music
- 2:30-3:15 High Tea (small sandwiches, scones, etc)
- 3:15-4:00 Music and movement



*For more information and to register please contact  
Claire Cuccio, Program Coordinator, at 206-913-1757*

*[claire@elderwise.org](mailto:claire@elderwise.org) and visit our website <http://www.elderwise.org>*

